



eCommunicator - Fall 2017

Journal of 32 Signal Regiment

# eCommunicator

Volume 17, Number 1

<http://www.torontosignals.ca/>



Freedom of the City - pg 16



Maple Resolve 2017 - pg 26

*Merry Christmas*

*Warmest thoughts and Best Wishes  
for a Merry Christmas  
and a Happy New Year*



## Table of Content

- 2 From the Editor's Desk
- 3 CO's Message
- 5 RSM's Message
- 7 HCol and HLCol Messages
- 11 Padre

### Features

- 12 Awards and Promotions
- 14 Logistics and C&E Branch
- 15 Remembrance Day
- 16 Freedom of the City
- 18 Festive Dinner
- 20 Toronto Argonauts Salute - MWO Leonard Pelletier, CD
- 20 Message Received from 32nd Signal Regiment in Glasgow
- 21 Honorary Colonel David Hart, MM, CD
- 21 Governor General's Priory Vote of Thanks
- 21 795 Iquluit Sqn
- 22 709 Signals Army Cadet Corps
- 24 142 Mimico Determination Squadron
- 26 Exercise Maple Resolve 2017
- 28 Jimmy and Associates
- 30 Toronto Signals Band
- 31 Vintage Signals Team
- 33 Last Post

## The eCommunicator Delivered to your Computer

You can now download a personal copy of the eCommunicator to your device. You can also find back issues to complete your library. Simply click or copy the link below and paste it in your browser's address bar.

<http://www.torontosignals.ca/>

### For more signals related information

<http://www.torontosignals.ca/>  
<http://www.hamiltonsignals.com/>  
<http://www.29thdivisionassociation.com/>  
<http://www.rcsigs.ca/>

<http://www.army-armee.forces.gc.ca/en/32-signal-regiment/index.page>

Front Cover Photos

### Christmas Tree

Canadian Forces Base Borden Officers' Mess

### Maple Resolve

Soldiers from 2nd Battalion, The Royal Canadian Regiment advance on an enemy position in Wainwright, Alberta during exercise Maple Resolve on May 29, 2017.

Photo by Sgt JF Lauzé, Garrison Imaging Petawawa — DND

## About the eCommunicator

This is a limited domestic publication produced with the permission of the Commanding Officer for the purpose of recording the activities within the Regiment and the Regimental family. It is intended to provide a wide variety of material relating to military communications and military affairs, both at home and abroad.

The views and opinions expressed in this periodical are those of the contributors and not those of the Department of National Defence, its Units or Officers, including the Commanding Officer of 32 Signal Regiment.

The editor and publisher are responsible for the production of the eCommunicator but not for the accuracy, timeliness or description of written and graphical material published therein.

The editor reserves the right to modify or re-format material received, within reason, in order to make best use of available space, appearance and layout.

## 32 Signal Regiment

Commanding Officer:  
LCol Daniel Bergeron, CD

Regimental Sergeant Major:  
CWO Marcel Mallia, CD

Honorary Colonel:  
HCol Jim Leech, C.M.

Honorary Lt Colonel:  
HLCol Ken Lloyd, CD M.A.

## eCommunicator

Editor:  
WO Richard Lacroix, CD

Proofreader:  
Heather McClory

Unit Historian:  
LCol Jack Lee, CD (Ret'd)

## How to Contact Us

Comments or submissions can be sent to  
[32SigRegtEditor@gmail.com](mailto:32SigRegtEditor@gmail.com)

Toronto  
Canadian Forces Armoury Fort York  
660 Fleet Street West  
Toronto, ON  
M5V 1A9

CFB Borden  
61 Ramillies Road  
CFB Borden  
Borden, ON  
L0M 1C0

CANADA



Publication Date: Fall 2017

© No part of this magazine may be reproduced without the publisher's written consent.

# Command Team

## Commanding Officer's Message

---



We have just completed a very busy summer period and even busier fall for 32 Signal Regiment. Activities included the successful completion of Reserve Summer Training and 32 CBG Exercise STEADFAST GUARDIAN; supporting a change of command parade between Colonel Andrew Zalvin and our new Brigade Commander, Colonel Daniel Stepaniuk; Canada turning 150 years old this past July; 32 Signal Regiment proudly receiving the Freedom of the City on the occasion of 110 years of signaling in the Greater Toronto Area and our Regiment's recent participation in Remembrance Day in Bracebridge.... or at least, that was the plan. Long story short, our Toronto Squadron actually ended up representing our Unit at the Toronto Zoo, and from I am told, we now have a new mascot — a Panda Bear.

During this period, we also welcomed our new Operations Warrant Officer, Warrant Officer Geoffrey Limbert, who joined us from the Canadian Forces Joint Signal Regiment in Kingston. Sadly, we bid farewell to our Regimental Sergeant Major (RSM), Chief Warrant Officer Marcel Mallia, who, after 34 years of service, five appointments as RSM, and three great years as RSM of 32 Signal Regiment, decided to retire to spend more quality time with his family and focus on his new job that is proving to be quite demanding. I truly appreciated his professionalism and the sage advice that he has provided me as my command team partner and I wish him the very best in his retirement from the Canadian Armed Forces. Of course, this is not the end of his tenure as part of the Regimental Family, and there will be a more formal venue in the spring of 2018 to properly recognize his accomplishments while in uniform and thank him for his service. On behalf of the Regiment, I thank Marcel for the dedication and commitment he has shown to the Regiment for the many years he has served.

With the departure of Chief Warrant Officer Mallia, we welcome our new RSM, Chief Warrant Officer Tim Cooke, who arrives from 31 CBG as the former RSM of 31 CER and is Artillery by trade. He started to parade with 32 Signal Regiment on 21 October 17 and has been busy getting acquainted with Regimental personnel, our mandate, tasks, challenges and disciplinary issues. On behalf of the Regimental Family, I welcome Chief Warrant Officer Cooke and wish him the best in his tenure.

I had the honour of promoting three new captains, all very deserving and ready to assume greater responsibilities — first, Captain Robert Carter, our former RSM, who works as the Regimental Operations Officer; Captain Brian MacLennan from 1 Squadron and Captain Michael Petres from 2 Squadron. I was also honoured in promoting Warrant Officer Mario Battista to Master Warrant Officer, a long and overdue acknowledgement of the hard work and dedication he has shown to the Regiment, the Brigade, Division and the CAF. I congratulate them all and wish them success in their new ranks and responsibilities.

As Canada has committed troops to Latvia and Africa and continues to deploy members all over the world, 32 Signal Regiment has deployed one of their own to Kuwait for a six month tour – Sergeant Leandro Mawbey-Pugila. This will be a great experience for him and on behalf of us all, I wish him the best of luck in this mission.

In terms of Heritage, I was apprised that the Directorate of History and Heritage appointed an artist to design our Regimental Badge. Our unit OPI, Captain Robert Carter has been corresponding with the artist and our hope is to have this design approved early in the New Year.

On the horizon, we are now looking towards Christmas and the Festive Season that is upon us. Saturday, 9 December will be our soldiers Christmas dinner. As a Regiment, it behoves us to recognize the dual locations that we serve and for this year, the dinner will be held in Borden with the intent on rotating locations each year. On the occasion where the Regiment is in Borden, we shall also hold a Holiday dinner for our extended Regimental Family. This year, this dinner is planned to be held at Fort York Armoury on Saturday, 16 December where the senior NCOs and Officers will host members of the Regimental Association, Jimmy and Associates and the Toronto Signals Band. I hope to see you all there for what promises to be a great dinner.

I would like to officially remind members of our Regiment who have been accepted in, or have started a post-secondary education to apply for the SHE bursary. Application details can be obtained via the chain of command and the deadline is rapidly approaching in January 2018.

To help welcome the New Year, 32 Signal Regiment will hold its levee as it has been done traditionally for many years. There is also an opportunity for any interested members in joining the RCMI for their levee following our own.

In February, we can expect the visit of our Branch Leader, Major-General Gregory Loos, who has expressed his interest in meeting our Regimental Family including our Band and affiliated Cadet Corps. The likely date for his visit is tentatively set for Saturday, 24 February 17 to coincide with the Toronto Garrison Ball.

As I am nearing the end of my appointment as Commanding Officer, with a change of command in the spring of 2018, likely in May, I am humbled by the level of commitment that its members have for this Regiment. I have been fortunate to have been selected as your CO in the last appointment I will ever have in uniform. But I will save the reflections for the change of command. For now, I would like to conclude by wishing everyone a very Merry Christmas, a Happy Holiday and the best in the coming New Year.

---

## Letters to the Editor

*It just gets better and better each edition — congratulations to Richard and Heather and Jack and to all the many contributors.*

*I remember when the first edition came out — everyone was so proud to have a "newsletter". Never did anyone dream it would turn into such an amazing production.*

*A very special thank you.*

*Best regards to all.*

*— HCol(ret'd) Sally Horsfall Eaton*

*Great newsletter. An idea for an additional section might be "Where are they now?", showing where ex members are now.*

*— Shane Crawford*

*Hi, Jack;*

*Finally, I found time to peruse your Summer Communicator: an excellent, comprehensive edition, full of interesting news and articles.*

*Geez: only 60 years for the Cadet Corps? You and I joined it about 1954 or 5 I think, and it had been going at least a year before that, as Cavanaugh and Boeschstein (spelling?) had been members, so I make it more than 60, but whatever.*

*Thanks for all your efforts. I hope that all is well with you and yours.*

*Cheers — Nigel*

---

## Regimental History in Preparation

The Regiment will celebrate its 110th Anniversary in the Fall of 2017. This celebration coincides with the 110th Anniversary of the founding of the Royal Canadian Corps of Signals as well as the 150th Anniversary of the Confederation of Canada. To commemorate this auspicious occasion, the Commanding Officer has commissioned a Regimental History book to record the stories of our people and the history of the lineage of the Regiment from our predecessor Units. This book will include stories of our exploits at war, keeping the peace and serving Canadians at home. This is time to tell our stories and preserve them for future generations.

We are looking for contributors and volunteers to help in information collection, with research or simply by telling your stories. Please contact LCol Jack Lee, CD (Ret'd) for offering your support or requesting more information about the project.

All submissions can be sent to this repository email address:  
[32sigregthistory@gmail.com](mailto:32sigregthistory@gmail.com)

# Command Team

## Regimental Sergeant-Major

---



### Adios Amigos

by CWO Marcel Mallia, CD

Dear Colleagues, Command Teams, Comrades, and friends;

At the end of today, (15 Oct 17), I will no longer be the RSM of 32 Signal Regiment and will begin the clearing out process from the Canadian Forces.

I would like to express my outpouring appreciation to all of you for the many years of comradeship, friendship, leadership and your dedication to the CF. It has certainly been a privilege to have witnessed it over the many years we've been together. Over these years I've eye witnessed the CF transform in so many ways that this e-mail would take me days to write. Considering what is coming our way, I do feel the best is yet to come for our troops, and I am very proud to have been a part of the many great changes already here.

We have some of the best, if not the best, soldiers in the world. Doing our best to look after them was a great job to have, and it was certainly an honour to have had that privilege. Please keep going forward in the path laid out for us, and continue to be the pointy end of the implementation of all that is great in the CF. I am and will always be proud to have been a member.

Now it's time to start gathering all my kit, (man we do have a lot of it), and start making trips into ASU to return it all.

I will no longer have the electronic leash (BB), so if you would like to contact me please feel free to use my civilian e-mail address [LosMallias@rogers.com](mailto:LosMallias@rogers.com) or my cell 647-454-8729.

Thank you all from the bottom of my heart.

As I have always asked, please take care of the kids when I'm gone, Adios Amigos .....

RSM

---

### Recruiting at 32 Signals Regiment

by CWO Tim Cooke, CD

In my first address to you, I want to cover the very important topic of recruiting. The Army Commander has directed all Reserve Units to recruit as many people they can. This is a very refreshing change from past years of recruiting restrictions. I am very excited about growing the unit and making 32 Signals Regiment strong for now and in the future.



There is however a price tag attached to the aggressive recruiting that is currently happening. All of the new people coming in have to be clothed, fed, trained and paid. Each of these punch items has its own problems, but I would like to look at training, as this is where the unit as a whole must step up, and step up now. We now find ourselves in a position where there are lots of recruits with the same number of instructors. We will have to stretch the time of the instructors we already have to cover this shortfall. The problem does not just lay with training recruits. We also have to train these recruits through DP1 and DP2 levels. We can fix this issue by making new instructors and that is exactly what we are going to do. I will need everyone's help to do it.

The unit needs to produce more instructors. We are in a good position as the unit has the manpower to do this. The catch is that these Corporals who get tapped to go on leadership courses must make time to do so. This is where the unit comes in. If you as a Corporal are selected for leadership training, you must accept the challenge to make it happen. You must ask yourself "What needs to be done to make this happen", and then ensure that these needs are met. The unit will help. The unit can support with a wide range of support structures from letters to schools and employers, CFLC activities, and in extreme cases, community engagement at the leadership level. I cannot stress enough how important and strategic these Corporals are. They will build the base of instructors to allow flexibility and future growth for our unit at the recruit level and beyond.

As we concentrate on PLQ, we also must be cognizant of our ILP and ALP leadership levels. These individuals will also be asked to commit to the unit in order to increase our ability to self-sustain succession at all leadership levels.

We are in some exciting times with some new challenges. This is a good problem to have. The unit does not ask lightly for your support. Our unit is busy and quite a few of you are already fully engaged in the unit support and development. I am counting on more unit and individual engagement to meet our new challenges. Count on your supervisor to ask you to commit to your reserve career by attending a leadership or DP level course sometime in the future. There is no such thing as "I will be a Cpl/MCpl/Sgt forever". The unit will expect everyone to engage, but will remain flexible enough to work with you to attain the unit goal of a strong, well lead unit. Engage with your supervisor to let her or him explain to you what your career will look like.

T.C. Cooke

---

## **Chief Warrant Officer Timothy C Cooke, CD**

CWO Cooke joined the 11th Field Regiment, Royal Canadian Artillery in February 1987. In 1989 CWO Cooke graduated from his Combat Leader Course and returned to the guns to work as a gun 2IC. In 1991 CWO Cooke graduated from his Detachment Commanders Course and was immediately employed as such until 1993 when he again moved into the Command Post to work as a technician/2IC. Following his promotion to Sergeant in 1997, and graduating from his Command Post Supervisor Course, CWO Cooke was employed as the Technical Supervisor for 11 RCA. In 2000 CWO Cooke was promoted to WO and continued to serve as the Battery CP Supervisor until 2003. That year CWO Cooke transferred to the Land Forces Central Area CIMIC Detachment in Toronto and subsequently deployed to Bosnia for Operation Palladium Rotation 13. Employed as a CIMIC team leader and then rerolled into the 2IC of the Mobile Observation and Surveillance Team, CWO Cooke worked closely with Bosnian civilian and international actors in his area of operations. In 2005 CWO Cooke deployed to Holland to teach on the NATO CIMIC course. He returned later that year to 11 RCA and assumed his role as Battery Technical Supervisor. In 2007 CWO Cooke deployed to Afghanistan as the Troop Command Post Supervisor with Delta Battery of the 2nd Regiment, Royal Canadian Horse Artillery. Following his deployment CWO Cooke returned to 11 RCA and assumed the position of Field Battery Sergeant Major. CWO Cooke attended his DP4 Battery Sergeant Major Course in 2010 and then his Advanced Leadership Course in 2011. CWO Cooke took over as RSM 11 RCA from 2011 to 2015. In 2015 CWO Cooke took over as RSM of 31 Combat Engineer Regiment. CWO Cooke is currently employed as the Acting Regimental Sergeant Major for 32 Signals Regiment in Toronto and Borden.

CWO Cooke was born in Halifax, Nova Scotia in 1969. CWO Cooke attended High School in Guelph, Ontario, and graduated from Conestoga College in 1993 with a diploma in Civil Engineering Technology. CWO Cooke currently lives in Milton, Ontario with his partner Susan. CWO Cooke has two boys. In his civilian job, CWO Cooke works for Toyota Motor Manufacturing Canada as a Team Leader in the Weld Shop, where he has worked for the past 20 years.

CWO Cooke enjoys outdoor activities and spending time with his family.



# Command Team

## Honorary Colonel Jim Leech, C.M.



I would like to share my address at City Hall in October when our Regiment was granted the Freedom of the City of Toronto by Deputy Mayor Stephen Holyday:



Sgt Al Stapelton (Ret'd)

We were fortunate to have Sgt Al Stapelton (Ret'd) in attendance for the ceremony. Sgt Stapelton is a WWII veteran of the Italian Campaign, landing in Sicily in July 1943 and subsequently worked on the ENIGMA Project – hence, one of our earliest cyber experts. At 95 years young, he represented the institutional memory of Signals.

A Freedom of the City Parade is one of the most prized honours conferred upon a marching unit as it recognizes its honourable record and demonstrates the affection and esteem with which they are held by their fellow citizens. It is an ancient honour granted to military organizations, allowing them the privilege to march into the city "with drums beating, colours flying, and bayonets fixed".

This honour dates back to ancient Rome which regarded the "pomerium", the boundary of the city, as sacred. Generals were forbidden from entering it, and resigned their *imperium*, or power to command, immediately upon crossing it. An exception was made for victory celebrations, during which the victorious general would be permitted to enter for one day only. Under the Republic in Rome, soldiers also lost their status when entering, becoming citizens: thus soldiers even at their general's victory celebration, wore civilian dress. Perhaps that is the origin of the "Citizen Soldier" or in today's language the "Militia" or "Reserve Units".

Weapons were also banned inside the pomerium for religious and traditional reasons. I note for example that the assassination of Julius Caesar occurred outside this boundary. Perhaps that is why municipal politicians are loath to leave their city boundaries!

Similar laws were passed by other European cities throughout the Medieval era, to protect public security and civic rights, even against their own king's troops. As a result, soldiers would be forced to camp outside the walls of the city during the winter months – think Fort York or Camp Bordon. The Freedom of the City was an honour granted only to troops which had earned the trust of the local populace, either through some valiant action or simply by being a familiar presence.

When you consider the list of the units comprising the presence of Signals within the Greater Toronto Area over the past 110 years, we clearly qualify on both accounts – valour and familiarity - starting with the 2nd Signalling Company, the first Militia Signal unit formed in Toronto in 1907 and 110 years later the 32 Signal Regiment represented by our soldiers on parade. Over that time our "Signals family" as we like to call ourselves has expanded to also include, from youngest to oldest:

- 142 Mimico "Determination" Squadron, RCAF, who celebrated its 75th Anniversary in July of this year, but only recently joined our family
- The Muskoka Pioneers in Bracebridge
- 709 Cadet Corps celebrated its 60th anniversary last year, and of course,
- The Toronto Signal Band who celebrated its 90th Anniversary last year.

At the conclusion of the parade, I assured Deputy Mayor Holyday that we would be judicious as to where and when we "beat our drums, fly our colours and fix our bayonets". I also presented him with a print of a Signals unit erecting an antenna under fire in Afghanistan to commemorate the occasion.

I had a final word to the women and men of 32 Signal regiment on parade:

"You are part of a 110-year tradition. You, and those who came before you, have helped build Canada's

reputation over the past 110 years as a peace keeper, reliable ally in times of conflict and always there to help our communities in times of domestic need. It is on account of you that Canada has earned its coveted reputation internationally – punching well above our weight - and that we enjoy a civil and just society within our own borders.

By bestowing this honour on us today, the citizens of Toronto are loudly saying to you and all the men and women represented by Sgt Stapleton: THANK YOU FOR YOUR SERVICE.”

---

## Honorary Lieutenant Colonel Ken Lloyd, CD MA

---



“This is great!” Flags swished and lights flashed down the polished floor of the mezzanine at Casa Loma at the Queens Own Rifles Remembrance Day on 4th November. Our 709 Cadets donned period uniforms and began their training to be ambassadors for 32 Signal Regiment. Capt Steve Morgan oversaw his enthusiastic members. With amazing alacrity our Cadets demonstrated switchboards, lamps and flags. It was



a pleasure to see how easily they communicated with the visitors and handed out our pamphlets and cards for those expressing interest in Signals. This collaboration between our Vintage Signals Team and 709 Cadets is part of a new initiative to integrate the many aspects of our Regimental Family to assist the Regimental Outreach and Recruiting Project. In collaboration with Captain Tu, the Regimental Recruiting officer and Captain Carter, the Operations Officer, our Cadets and the Vintage Signals Team have been out in the public eye.

At Royal Canadian Legion Branch 11, our Recruiting Team with the Vintage Signals Team combined to give pupils and parents a Signals experience. In a week long exhibition from 16th to 22nd September, two classes a day from schools in the Danforth area came to Branch 11 and enjoyed the Signals experience. Our Regimental Recruiting Team came out and helped give an up to date outline of Signals in the modern day. The addition of the serving Signalers added a



fresh and welcome insight to the Legion members and the students' parents who welcomed our Signalers and treated them royally.





In common with units across Canada, our Regiment welcomed the Toronto public to an Open Day at Fort York. The Regiment set up its DRASH shelter and joined with the Vintage Signals team to demonstrate the old and the new of Canadian Signalling. The CO demonstrated that Morse Code is never forgotten and easily sent a number of signals by lamp. Unit members used the opportunity to learn more about visual signals. This collaboration with Vintage Signals working with the recruiting team enables the Regiment to reach members of the public who would not normally stop at a traditional recruiting booth.

Exercise Noble Skywave provided another opportunity for the Vintage Signals Team to



work not only with our 32 Signal Regiment but with the Royal Signals 32 Signal Regiment in Scotland. This international exercise conducted between 24-28th October connected

Signals units across the world. The photographs show our Toronto and Borden Dets, the Vintage Signals Team on board HMCS HAIDA and 32 Signal Regiment R.Sigs operating from Edinburgh.

A Freedom of the City parade through Toronto is a rare event and it was a first for our newly configured Regiment. Many months of preparation and planning by Capt Carter and the Ops staff ensured that the Vintage Signals Team, our Signals Band and two of our Cadet Corps came together seamlessly for a wonderful day on 15th October.



Our Outreach program for the Regiment was able to connect with the National Historic Site at Parkwood House in Oshawa on 1st October. Situated close to the site of Camp X where allied agents were trained for missions into occupied Europe in WW2, the organizers asked that we focus our exhibition on Enigma and the secret world of Signals during the world wars. The Vintage Signals Team had a full display including the line truck and we set up the popular 'Morse Code Challenge' where visitors are invited to send their name





as code and receive a certificate to mark the event. The “Bellini” encoding wheels were so popular that we had to keep a careful eye on them as they kept appearing in the neighbouring Camp X display. Many of our visitors returned a second time to try the telephones or the try the heliographs.

A new acquisition in our Outreach program is a communication means that expanded in WW1 and continued to be used throughout



WW2. So successful was this method for sending messages that the enemy formed special squads to stop them; it was a serious offence to shoot them and they carried the first message regarding the evacuation from Dieppe. We now have our own pigeon loft with 8 messenger pigeons. They were donated to us by the Lindsay Museum and have already proven to be a popular draw at our displays. Pigeons and other animals have long been a choice for sending messages. During the Battle of Paschendaele, Brigadier General McNaughton tested what could send a message more speedily, the new wireless or the pigeon dispatch. The wireless took over 5 minutes to send the message, while the pigeon refused to leave the safety of the trench. The addition of the pigeon loft will provide a rich source of new stories.

During the Battle of Paschendaele, Brigadier General McNaughton tested what could send a message more speedily, the new wireless or the pigeon dispatch. The wireless took over 5 minutes to send the message, while the pigeon refused to leave the safety of the trench. The addition of the pigeon loft will provide a rich source of new stories.



Our projects still continue with care for our veterans and providing proper honour at their passing. More recently, we said farewell to Cpl Ed Lukosius a Lineman from 709 and Major Reynolds from 8 Sigs and 705. The centre photo is the laying to rest of Ed Lukosius.



# Command Team

## Padre's Corner

---

by Captain Audrey Brown



Decisions, decisions ...

"I am not a product of my circumstances, I am a product of my decisions." Steve Covey. I often speak to people in the midst of struggling to make decisions. My best advice on this is simple. After weighing the pros and cons, the options and the consequences, spend some time in quiet reflection (Prayerfully if you are so inclined). Simply let go of all of the factors to be considered, in order to reach a state where your mind is empty of all considerations and ask yourself the simple question — what do I most want — either in my life, in this year, or out of this experience etc. Then let your random thoughts come to you, because that thought is the key to making your decision. It's incredibly effective. One caution, the random thought will often take you into a direction you didn't plan, and sometimes isn't the end state. Sometimes our decisions lead us away from things rather than to something; often what we thought was the goal, only becomes the next step.

In the midst of decision making, people often get stuck in the idea of wanting to know what is the right decision and what is the wrong one. This leaves one stuck, because rarely is life so clear. Most decisions can be summed up this way: there is one choice and there is the other one. Neither good nor bad, just different. In retrospect, we will see advantages and disadvantages to whatever choices we make. After all, making a life change is pretty scary — but you know what's even scarier – regret.

Some guiding principles for decision making:

1. Never make a decision in anger, or retaliation and don't make a permanent decision from a temporary emotion.
2. Make the right decisions for you. The people around you matter, but your decision is your own, and you don't have to explain it.
3. If it excites you and scares you all at the same time, it probably means you should do it.

I am constantly amazed at the varied directions that the decisions I have made in my life have taken me. I do sometimes wish I had found an easier way to do things. Often I think I probably shouldn't have done that. Mostly I am grateful for the things I could never have predicted, the people I have met along the way, the experiences I have had, and the opportunities that are still ahead. "Map out your future — but do it in pencil. (Jon Bon Jovi). Otherwise, live the wonderful life that is before you; mistakes, redirections, surprises, regrets and delights included. "In the end we only regret the chances we didn't take, relationships we were afraid to have, and the decisions we waited too long to make." (author unknown)

Blessed Be  
Padre Brown



# From the Regiment

## Awards and Promotions



Capitan Robert Carter, CD



Lieutenant Mein, CD



Lieutenant Wayne Haygarth, CD



Warrant Officer Richard Lacroix, CD



Master Corporal Zhou



Master Corporal Trias

# From the Regiment

## Awards and Promotions

---



Corporal Guinto



Her Royal Highness - The Princess Royal, Colonel-in-Chief of the C&E Branch Commendation.

Presented to BGen (Retired) Richard: for his exceptional lifetime of service and selfless dedication to the Communications and Electronics Branch, most particularly as Colonel Commandant.

# From the Regiment

## Logistics Branch



### RETIREMENT - MWO MARIO BATTISTA, CD

After more than 24 years of loyal and dedicated service to the Canadian Armed Forces, MWO Mario Battista will be retiring effective January 15th 2018.

MWO Battista enrolled as a Signal Operator with 709 (Toronto) Communication Regiment on 14th of June 1993. Following training in Kingston and Borden, he was first employed as a detachment member for approximately 8 months before re-mustering to the supply trade in February of 1994. From April 1994 to March 1997 he started his first Class B employment as the 2 I/C to the CQ. In 1996 he was awarded the soldier of the year for 70 Communication Group. MWO Battista continued his career as a Class A reservist while venturing off into civilian employment in various jobs before returning to Class B service in 2006 as the RQMS at 32 Signal Regiment. In 2009, MWO Battista joined 4th Canadian Division / JTFC Headquarters in his current capacity as the G4 Supply 2.

Mario will retire in Burlington Ontario with his wife Laura and children Joshua and Cleonice and will be replacing his CADPAT uniform for business casual attire as he starts on his new journey as Procurement Client Services position with 4 CDSB Tech Svcs in Toronto.

Mario has chosen to slip out the door unnoticed and wishes to thank all those he has served with for their support, friendship and mentorship.

The complete Logistics Branch Newsletter is available online.  
<http://www.forces.gc.ca/en/caf-community-branches-logistics/newsletter.page>

**"SERVITIUM NULLI SECUNDUS"**

---

## C&E Branch

### RETIREMENT - SERGEANT NATALIE GAJEWSKI, CD

After 14 years of loyal service to the CAF, Sgt Natalie Gajewski retired effective November 30th 2017.



Sgt Gajewski enrolled as a signal operator at 709 (Toronto) Communication Regiment on June 19th 2003. Following training in Shilo and Kingston, she was employed as a detachment member and detachment commander on many unit support exercises. After completing PLQ, Sgt Gajewski spent two fun summers instructing BMQ/SQ at the Communication Reserve School in Shilo. On completing her undergraduate studies, Sgt Gajewski volunteered for TF 1-10 and deployed to Kandahar with the 1 RCR Brigade Headquarter as the brigade COMSEC custodian. In 2011, she commenced law school studies in Ottawa and also transferred to 33 Signal Regiment, where she continued her work as a COMSEC custodian as well as was employed in the CCO cell, sqn ops, as well as A troop.

Sgt Gajewski was called to the Ontario bar in 2015 and, after a largely unsuccessful attempt to juggle a developing legal career and maintain active involvement as a class A reservist, she made the difficult decision to focus her energies entirely on the law. In the meantime, she plans to remain in Ottawa and enjoy military retirement alongside husband and former reservist, Jason.

A retirement gathering was held on Saturday, 18th of November 2017.

# From the Regiment

## Remembrance Day

"They shall grow not old, as we that are left grow old: Age shall not weary them, nor the years condemn. — At the going down of the sun and in the morning, We will remember them."

*Laurence Binyon, For The Fallen*



# From the Regiment Freedom of the City







# CITY OF TORONTO

The City of Toronto  
hereby affirms the granting of the  
**Freedom of the City**

upon  
**32 Signal Regiment, Royal Canadian Corps of Signals**

**And** the Right is bestowed as long as the Don, Humber and Rouge flow, to march the streets of the City of Toronto on all occasions with bayonets fixed and drums beating. This Right is hereby affirmed, in honour of battles fought and peace preserved, since 1907, by 32 Signal Regiment Royal Canadian Corps of Signals.

This freedom is conferred in memory of all ranks of 32 Signal Regiment who carry on the tradition of 110 years of Militia Signalling in Toronto. The first Militia Signals Unit in Toronto, the 2<sup>nd</sup> Signalling Company, formed in 1907, contributed largely to the recruitment of Signallers for service overseas for the First World War. In 1920, the company was reconstituted as the 2<sup>nd</sup> Battalion, Canadian Corps of Signals. In 1936, another Signals Unit was formed with the creation of "A" Corps Signals, and in 1939, Signals Units were the first troops to leave Toronto for active service in the Second World War. During the war, the Unit's officers and other ranks from Toronto won many decorations for distinguished service in the field. After many re-organizations 709 (Toronto) Communication Regiment was formed in 1970. It continued to keep this hard-earned peace around the world representing city and country in Afghanistan, the Balkans, Cyprus, Iran, Egypt, the Golan Heights. In 2017 the unit was reconstituted into 32 Signal Regiment. When domestic disaster or emergency strike, you have continued to heed the call of your City.

You have represented us with courage and sacrifice. You have made this City and its citizens proud. May you exercise this Freedom of the City in memory of all who served, and with our utmost respect to those who secured this privilege with their lives.

This scroll is presented in grateful acknowledgement of the faithful and continued service given by the men and women of 32 Signal Regiment.

*Velox, Versutus, Vigilans*

Given at Toronto City Hall on 15 October 2017 in the presence of:

  
Col Jim Leech  
Honorary Colonel

  
WO1 Ken Lloyd  
Honorary Lieutenant-Colonel

  
WO1 Dan Bergeron  
Commanding Officer

  
CWO Marcel Mallia  
Regimental Sergeant-Major



# From the Regiment Festive Dinner





# From the Regiment Events

## Toronto Argonauts Salute - MWO Leonard Pelletier, CD

**A Good News Story** | by John Hymers

At each of their home games, the Toronto Argonauts Football Club salute a Canadian hero by recognizing a Veteran or a member of the Canadian Armed Forces just prior to the start of each game.



At the Argo's October 21st game, Len Pelletier was invited to do the coin toss. Len said he was thrilled to get a phone call from the Argos a couple of weeks before the game inviting him to be the Canadian hero to be recognized at that game.

Len is a loyal and dedicated Argos fan. He never misses a game and has held seasons tickets for the past 28 years!

Len said he had a wonderful time and the Chief Referee even let him keep the coin. Apparently Len brought special luck to his team in an exciting game as they won against Winnipeg 29/28.

The Argos photographer took the attached photos. The Argos thanked Len for his service to our country.

Congratulations Len! Well deserved.

## Message Received from 32nd Signal Regiment in Glasgow

by Ken Lloyd CD, MA



Exercise Noble Sky wave is a High frequency world-wide link for military and affiliated organisations. The Vintage Signals Team has just been sent two photographs from 32 Signals Regiment in Glasgow, showing their team setting up for this exercise. They send best wishes and Certo Cito.



## Honorary Colonel David Hart, MM, CD

by Chief Warrant Officer John Speirs, MMM, CD



I have the honour of personally knowing Colonel Dave Hart for my 36 years with Signals. HCol Hart was one of my first Commanding Officers.

Col Hart is 100 years old and is a decorated hero of Dieppe. I believe he was a Sergeant during the time of the raid on Dieppe. His landing craft was disabled before it reached the beach. When it was time to get the Canadians off the beach the communications was terrible and the ships could not get the proper messages to the beaches. Col Hart took over the link with his radio and relayed the shore traffic from the ships off shore. He was credited with saving numerous lives. After Canadians were off in their landing craft Col Hart was towed back to the ship. For his actions he was awarded the Military Medal by King George VI for bravery and coolness under fire in the continuous performance of his duties.

The picture was taken at the funeral of LCol George Javornick in Kingston Ontario, 23 September 2017.

CWO John Speirs, MMM, CD  
Former RSM of 712 (Montreal) Communications Regiment  
and 709 (Toronto) Communication Regiment.

## Governor General's Priory Vote of Thanks (PVOT)

Congratulations LCol (Ret'd) Greg Stasyna, SJA York Region Board Member and Program Manager of York Region, who received "The Priory Vote of Thanks" (PVOT) Award from the Governor General of Canada at the St John Ambulance Black & White Gala event in York Region on November 2, 2017.

The Governor General is the Prior of St John Ambulance in Canada. Presenting the award is Brian Patterson, Honorary Branch Commissioner – York Region and His Worship, Justice of the Peace, Capt (Ret'd) Sam Billich who is an Officer of the Order of St John Ambulance.



## 795 Iquluit Sqn

by David Arthur Douglas | October 8, 2017



On behalf of the Order of Saint Joachim - Canadian Commandery, Dame Carol and I were pleased to present a cheque and OSJ certificate to the 795 Royal Canadian Air Cadets while on a visit to the Canadian Arctic in Iqaluit Nunavut.



We were warmly greeted by acting CO Lt (N) Heather Clark, the Officers and Squadron, who gave us a tour of their facilities and kindly presented us with Staff R.C.A.C.S. shirts. The Iqaluit 795 squadron is very active and important to the community and is presently preparing for the Remembrance Day commemoration.

These young Canadians aged 12 to 18, participate in a variety of fun, challenging and rewarding activities, learning valuable life and work skills such as teamwork, leadership and citizenship. It is heart warming to see that Canada's future is in good hands.

# Cadets

## 709 Signals Army Cadet Corps

### Commanding Officer's Summary

by Capt Steven Morgan, CD



September marked the beginning of the 2017/2018 training year for 709 Toronto Signals Cadet Corps. We continue to train at St. Thomas Aquinas School on Wednesday evenings from 1830 to 2130, with some training activities also held at Fort York Armoury on Monday evenings and weekends. The cadets range in age from 12 to 18 and are distributed among five training levels.



On Monday, June 5th, the Corps held its Annual Review at Fort York Armoury. The cadets demonstrated their drill on the parade square, and awards were presented to recognize top performance throughout the training year. The Reviewing Officer for the 2017 Annual Review was HLCol Ken Lloyd, CD of 32 Signal Regiment. The Toronto Signals Band once again provided music, and did a wonderful job. We are very thankful for the support shown to us by all members of the Regimental family who attended. This year's annual review is scheduled for Monday June 4, 2018 at Fort York Armoury.



During the summer break, many of our cadets spent between two and six weeks attending courses at Cadet Summer Training Centres in Blackdown and Connaught. This year, cadets completed courses in Drill and Ceremonial, Expedition, Marksmanship,

Sports and Fitness, and General Training. The cadets returned home eager to share their newfound expertise with others. One of our Senior Cadets was selected to attend the 6 week Leadership and Challenge course at the Rockies Training Centre in Alberta. One of the training requirements of the Army Cadet program is the completion of two annual expedition weekends. On September 22-24, Gold Star (fourth year) cadets travelled to Kelso Conservation Area in Milton to practice their expedition skills. Cadets were split into small teams with cadets from other corps. The weekend was spent mountain biking and hiking along the Niagara Escarpment, working together to pack and carry kit, prepare meals, set up and tear down BIV sites, and navigating from point to point along the route.

On October 15, the Officers and select cadets participated in the Freedom of the City Parade with the Regiment. Of special note, 709 Toronto Signals Cadet Corps celebrated 60 years of affiliation with the Regiment on 1 September 2017.

Our annual BIV exercise was held on the weekend of October 20-22 at Albion Hills Conservation Area. The Gold and Silver Stars, who are the senior cadets, focused on building improvised shelters, while the Green and Red Stars erected three-man tents and two-man hooches using shelter halves. The weather was exceptional, allowing the cadets to enjoy a great weekend of training.

The corps marked Remembrance Day with several events this year. Cadets assisted Royal Canadian Legion Branches 66 and 75 with their Poppy Campaign on October 28. The corps proudly participated in the 90th Sunrise Remembrance Day Ceremony at Prospect Cemetery on November 11. The service started at 0745 at which time the Officers and 70 Cadets marched in the parade to the Cenotaph, a few select cadets assisted dignitaries with the laying of wreaths as well as laying one on behalf of the corps. Once again, the Royal Canadian Military Institute has asked the corps for our support at their annual Family Day on November 19. Cadets will be tasked with supervising members' children while they watch the Santa Claus Parade from the balconies.



For more information on our Corps and to read about upcoming events, please visit our website:

<http://www.709cadets.ca/>

and Facebook page

<https://www.facebook.com/709army>

On behalf of the Officers and Cadets of 709 Toronto Signals Cadet Corps, I would like to thank 32 Signal Regiment and the Regimental Family for their ongoing support.

Wishing you and your families a safe and happy holiday season.

Captain Steven Morgan, CD  
Commanding Officer  
709 Toronto Signals Cadet Corps



# Cadets

## 142 Mimico Determination Squadron

### 142 Mimico 'Determination' Squadron Celebrates 75 Years

by Maj Ric Rangel-Bron, CD

2017 – 2018 marks the 75th Anniversary of 142 Mimico 'Determination' Squadron, where we have proudly trained over 5,000 Canadian youth since our formation on July 2nd, 1942.

Our Squadron takes its motto of "Determination" and legendary 'Winged Sphinx' from No. 142 Squadron, Royal Flying Corps, later the Royal Air Force, formed in Ismailia, Egypt on February 2nd, 1918. In 1934 was re-designated as a Bomber Squadron and later assigned to the Advanced Air Striking Force in France. On 10 May 1940 the Germans attacked the Low Countries and 142 Squadron gained the distinction of being the first AASF Unit to bomb an advancing enemy. 142 Squadron members received 64 Distinguished Flying Cross' and 52 Distinguished Flying Medals, and flew its last mission on 3 May 1945.

Over our years we have had many adventures and successes, including being awarded the Lord Strathcona Trust Shield ten times, and placed second seven times since the inception of the Lord Strathcona Trust Shield in 1947, in addition to other prestigious awards.

In addition to training and inspiring so many Mimico youth, we have seen more than 90 of our Cadets earn their Pilot's Wings over the years. Further, many of our Cadets have followed other careers related to aviation, business, government, and of course, enrolled to serve their country in the Canadian Armed Forces.



In June 2016, 142 SQN was honoured by becoming affiliated with 32 Signal Regiment, Royal Canadian Corps of Signals, which is also the first time that a Royal Canadian Air Cadet Squadron has become an affiliated Unit with the RCCS. We are extremely proud of our affiliation with 32 Signal Regiment and the RCCS, and we are looking forward to continuing in building a strong relationship together and the possibility of wearing the C&E Cap Badge in the near future.

We are also fortunate to be supported by the Royal Canadian Legion. Through the years the Legion has been a strong part of the SQN, starting with Branch 217, which amalgamated with Branch 3. Today, after an amalgamation between Branch 3 and Branch 201, we are pleased to be supported by the newly formed Branch 643, Flight Lieutenant David Hornell, Royal Canadian Legion.



In 2017, 142 SQN undertook an international trip to France and Belgium, EX Canadian Invasion 2017, saw Cadets walk the famous battlefields, trenches and tunnels of the Somme, Beaumont-Hamel and Vimy. In Ypres at the Menin Gate the Cadets lead the Last Post Ceremony and laid the







first wreath. EX Canadian Invasion 2017 was a once-in-a-lifetime experience for the Cadets, and one which they will remember forever.

As part of our 75th Anniversary celebrations, 142 SQN is embarking on EX Canadian Invasion 2018 – Old Blighty, a trip to London, UK. With lodging at RAF Northolt in northwest London, the SQN will tour historic locations, such as the No. 11 Bunker (you should ‘Goolge’ this), Churchill War Rooms, the Imperial War Museum, Greenwich, and have a fish & chips dinner at The Anchor – a 400 year old pub along the Thames River!

142 SQN has also re-dedicated itself to contributing to our community, whether it Veterans or our community at large, the Cadets and SQN Family, have pledged to continue to be present and contributing. From community park clean-up days; supporting the Royal Canadian Legion during ‘Poppy Days’; planting Canadian flags around the Sunnybrook Hospital grounds; participating in five Remembrance Day ceremonies; to the Lakeshore Santa Claus parade, 142 SQN Cadets will continue to serve.



Of course, we look forward to what may come in the next 75 years for 142 SQN and 32 Sigs. We joined the Regiment at the recent Freedom of the City in recognition of 110 years of Signallers in Toronto. We look forward to the opportunity of donning the C&E Cap Badge, a project that LCol Bergeron, the Colonel Commandant and Maj Rangel-Bron are working on, and a first in the Royal Canadian Air Cadet movement should it be approved.

Additionally, 142 SQN is looking forward to training and ‘observer’ opportunities with the Regiment, continuing to develop and enhance the inter-Unit experiences and knowledge in the years to come. Definitely an exciting future ahead!



Please keep Saturday, 9 June 2018, open in your calendars. Come out and celebrate our 75th Annual Ceremonial Review with us at Fort York Armoury!

## Exercise Maple Resolve 2017

by WO Richard Lacroix | Wainwright, Alberta

Back in May 2017 I had the opportunity to participate in Exercise Maple Resolve 2017 (MR 17). Held at the Canadian Manoeuvre Training Centre (CMTC) in Wainwright, Alberta, approximately 5,000 personnel from Canada and four other visiting nations participated in one of the largest and most comprehensive Canadian Army training event of the year. Visiting nations included the Australian Army, the British Army, the New Zealand Defense Force, and the United States Army.



The goal of the exercise is to immerse soldiers in a dynamic, multi-element, combined arms, force-on-force scenario against a challenging enemy in an environment where the realities of a deployment are replicated as closely as possible.

As a Visits Officer, my role at Maple Resolve provided me with one of the best vantage points to experience as many of the facets of the exercise that one can absorb — everything from High Command structure and relationship all the way across to the boots on the ground. The “geek” inside of me wanting to know “how does this work” was not disappointed either. There was no shortage in display of technology, or face it, “cool toys” to whet the appetite.



2nd Canadian Mechanized Brigade Group main camp prior to exercise Maple Resolve on May 10, 2017.  
Photo: Cpl Andrew Wesley — DND

The Tactical Operations Centre (TOC) is the heart of the exercise. Think of this facility as a large scale Command Post (CP) where tactical operations and the tactical support thereof is conducted. I finally got to understand all of this “software stuff” the Signals are training with. Land Command Support System (LCSS) — got it now! I finally was able to experience the entire gamut. A complete and functioning software suite with data network complemented with live video feeds from UAVs and a multitude of vehicle platform and personnel sensors providing real-time Tactile Command, Control and Communication (C3) situational awareness.



A group of Army National Guard Soldiers from Detachment 1, Company D, 173rd Brigade Engineer Battalion, Tactical Unmanned Aerial Systems in Camp Williams, Wisconsin, wheels a RQ7B Shadow out to the launch site at Canadian Forces Base/ Area Support Unit Wainwright in preparation for a flight during exercise Maple Resolve on May 17, 2017.

Photo: Sergeant Sarah Zaler, United States Army

Alongside the traditional war fighting machine and the weapon effects simulation (WES) environment was Psychological Operations (PsyOps), Civil-Military Co-operation (CIMIC) and the Public Affairs Office (PAO). The exercise was augmented by leaflet drops from the back of a CC-130 Hercules aircraft and imagery and audio/visual reports produced by the PAO. There was no rest for the Image Technicians and the “combat camera”.

Of course, nothing would be complete without the support of the Combat Service Support (CSS) personnel and equipment. I would hazard to say that one of the biggest topics of discussion was how great the food was. One of the US Generals that I

accompanied to the kitchen trailer could not believe his eyes and commented "Cooks cooking real food". Apparently most of the American Cooks just prepare food under these conditions. His visit happened to have coincided with "steak night". Needless to say, no one was ever disappointed with the fresh meals prepared on a daily basis by the kitchens and their staff. Big moral booster. The service battalion was out in full force, complete with a quarter master warehouse, vehicle garages, technicians and drivers all supporting the exercise.

I would like to take the opportunity to also congratulate the rest of my team who worked alongside me throughout the exercise making our tasks of accompanying VVIPs and VIPs successful. To the best of my knowledge, we held the record for the most completed visits and the most received coins. Your "background activities" allowed me to concentrate on developing schedules, co-ordinating visits with Canadian and visiting Nations and producing the morning "briefing slides". A special appreciation is due to my US Armed Forces personnel whose hospitality and their gratitude expressed with the tradition of "coining" will not be forgotten. Loving helicopters, I totally rejoiced in the Black Hawk helicopter flight I afforded.



(left to right) Brigadier General Timothy E. Gowen and Lieutenant Colonel Magness, US Army and Sgt Richard Lacroix, aka "the Secret Service Man" during an exercise Maple Resolve VIP visit.



Coin of the Department of the Army, United States of America



Maryland Army National Guard Commander's Coin

For the serving members, if you ever have the opportunity to participate in one of these large scale exercises — it is highly recommended and rewarding.



Coin of the 3rd Sustainment Brigade



A US Army National Guard UH-60 Medical Blackhawk helicopter responds to a simulated pilot ejection during Exercise MAPLE RESOLVE 17 in Wainwright, Alberta on May 26, 2017. Photo by Master Corporal Malcolm Byers — DND

# Associations

## Jimmy and Associates

### A Word from the President of Jimmy & Associates

by Major Hal Buller, CD (Ret'd)

Hello. My name is Hal Buller. I am the current President of Jimmy and Associates, Toronto. I first joined the Canadian Army when in high school, 10 Mar 1969. I have served with (in order): 10th Ind Sig Sqn, 709 Comm Regt, 705 Comm Sqn, 709 Comm Regt, LFCA HQ, 744 Comm Regt, 39 CBG HQ, 709 Comm Regt and 32 Sig Regt. I am now in my 65th year, so the CAF has been a significant, if not dominant part of my life for 48 years. I have worn three different official orders of dress and their variants (Battle dress, CF Green, Army DEU). My story may be unique to me, but is similar to other members of the Association. Most of them have their own lists of units served, and a record of long service.



The Association was originally created by a small group of like-minded individuals who wanted to meet with their fellow service members on an ongoing basis. Not surprisingly, they all shared similar values that led to their own list of service, and a desire to stay in touch.

We continue this legacy with occasional get togethers, the longest standing repetitive one being the annual reunion BBQ. We did so again this summer. We have followed the same formula for many years, even decades, through the kind donation of the use of space. Originally it was the Freeman farm and now it is the Lombardi Estate. We get together to sit and chat, play some bingo, BBQ some steaks, share a few drinks, tell some stories, etc.

This year I was forced to cut my participation short due to work commitments. I was there long enough to notice a significant fall off in participation numbers. The "old guard" is thinning out, and the number of likeminded individuals is decreasing. We need to find a way to share our "like-mindedness" with the next generations. Over to you, Unit members.

Another example of my connection to this call of service was that I made arrangements to get away from work long enough to attend the annual [CELE branch PD week](#) in CFB Kingston. I began my participation on Tuesday by turning on my at home [CFARS/HF radio station](#) and listening in on [EX NOBLE SKYWAVE 2017](#). I drove to the base on Wednesday, checked in to transient quarters, and looked in on proceedings on base.



My nostalgia was triggered just as I arrived. I met a former 744 unit member who is now a senior NCM serving with the G6 branch in northern area. He was accompanying his G6, who I had worked with as incremental staff at CFSCE A Sqn. Both are former Communication Reserves members who are now regular force. My nostalgia was also brought forth when I learned that there was no hot water in building B54. Been there, done that. It is a common occurrence in October when they turn on the central steam plant that a pipe or valve on base blows up, causing a hot water outage.

On Thursday, I attended the mess dinner at the Vimy mess. I saw lots of familiar faces, many of them senior leaders of the branch. I could trace out my career progression by pointing around the room and

saying "there is the past Group Commander who promoted me to Lt, there is the past Group Commander who promoted me to Capt and there is the past Group Commander who promoted me to Major".

On Friday, I attended a sequence of branch update presentations. In the morning, the venue was at the Canadian Forces Joint Signal Regiment's (CFJSR) Knowlton Theatre. In the afternoon it was at the museum. Again many familiar faces to say hello to.

Also, another wave of nostalgia, as I listened in to trade progression/change discussions. It is never easy to keep the signals trades current and relevant. The latest discussion was to fix problems with the "split" trade. It wasn't that long ago that I listened in on discussions that defined the reasons and need to split the trade in the first place. Over the course of my career, I have had four years of lost trade progression due to Military Occupational Structure (MOS) changes.

One of the most interesting topics weaving its way through all the discussions was the new Canadian Defence policy paper, "[Strong, Secure, Engaged](#)". Very little in this policy statement can happen without CELE support/involvement. There was a timeline presented for the procurement of new equipment (notice I avoided use of a limiting adjective such as "radio", etc.). Numerous times I heard the phrase "including the Signals Reserve", because they can't afford to be left out and on a separate training or skill set timeline. The discussion included recognizing the constraints to success on this agenda. Again a wave of nostalgia.

Hal Buller  
Major (Retired)

Additional links of interest:

Canadian Forces Affiliate Radio System (CFARS) <http://www.cfarsoperations.ca/>

C&E Association <https://cmcen.ca/exns/>  
<https://cmcen.ca/blog/2017/10/20/ce-week-2017-schedule/>

Vimy Barracks (B-6) <http://www.historicplaces.ca/en/rep-reg/place-lieu.aspx?id=9800>

Building B-37 <http://www.historicplaces.ca/en/rep-reg/place-lieu.aspx?id=11324>





---

## Toronto Signals Band

*by Rechelle Mortimore*

The Toronto Signals Band has had an uplifting season! Since the Easter parade we have participated in the 709 Cadet inspection, 142 Cadet inspection, and the 856 Pickering Cadet Change of Command. By attending these events we were able to advertise the Toronto Signals Band in different regions. This resulted in new members joining the band!

We have also participated in the Port Credit parade! Our great performance and attendance at this parade has sparked interest with Port Credit for future Christmas seasons to come. Now, we are one of their prospective bands for future Port Credit Santa ClausParades, leading us into new business and a strong future Christmas season!

Our new Toronto Signals Website has had some new activity and traffic. Suggestions have been made by the band and board, about how to display certain items on the website. With that, the website is under construction with the new revisions. There is also a Toronto Signals Instagram page (@TorontSignals) and an upcoming public page for Facebook (expected to be up and active for next week with approval from the board).

With all of the parades and online advertising we have not forgotten about the basics! New flyers will be printed and posted in common areas (libraries, parks, bus stops etc.) to attract members and more flyers will be printed and given to support staff to hand out during parades.

I am happy to report new ideas are flowing which have had a positive effect on the band, membership and overall morale.

Now we are marching into the Christmas season strong!



# Associations

## Vintage Signals Team

### 32 Sigs Open House

by Terri McGillivray | Vintage Signals Team President

Good Morning:

I thought I would take the liberty of forwarding a couple of great photos from the 32 Signal Open House on Saturday, September 30, 2017.

I can't thank the 32 Signals Regiment enough for all the kindness shown to the Vintage Signals Team! We arrived early Saturday to find tables and chairs waiting for the Team and the enthusiasm shown by all the soldiers who took a look at our table was so amazing and contagious. They listened carefully to explanations that were given about their history in the form of the vintage equipment. And they asked questions.

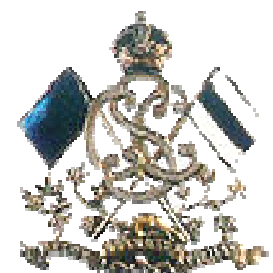
It was an absolute pleasure to speak with these young men and women. I loved how their CO Daniel Bergeron led the charge by trying out the equipment as well. And he shared his own experiences. He was a delight to listen to.

We were very sorry that at least one member of our Team was not able to make it due to a personal commitment, but I'm sure Hal will be able to make it to another event before we pack things up for the holiday season.

Again, thank you to 32 Signals Regiment allowing the Vintage Signals Team to be a part of this amazing day. We certainly look forward to another opportunity to partner with the Regiment.

Thank you

Terri McGillivray  
Vintage Signals Team President



## Vintage Signals Team

### Parkwood House Victory WW2 Day

The team presented the visual signals equipment at the Parkwood House Victory WW2 day early October this year. One of the parents sent an email in appreciation of the demonstration by HLCol Ken Lloyd.

From: Emma Inkpen

*"Hello: I just wanted to say that we had a wonderful day at Parkwood today, and that my daughters and myself were fascinated by your display and knowledge of radios. The girls have been talking about how they used a phone and could hear it in the operator's headset. It is so important to me that these sorts of things don't get lost in time, and them being exposed to it is something they will remember, I hope.*

*Thank you for being such a great teacher. Thank you again. We would love to have to speak to our Brownie unit, we are in Whitby."*



---

### RCL Branch 11 Demonstration and Display

HLCol Ken Lloyd and his team were invited to the Royal Canadian Legion Branch 11 for an open community event to show off their Signals talent and equipment.

As you can see from the accompanying photos, HLCol Lloyd has a group of youngsters mesmerized by the illustrations and his hypnotic voice. The audience, including Legion members, were captivated by the knowledge and information he demonstrated.

Branch 11 was pleased with his team's outstanding performance.

Well done.





## Last Post

---

### Major Dean Reynolds, CD



There was a celebration of Life at the Elora Presbyterian Church on 9th August. Visitors were welcomed to attend as it was an informal gathering.

Dean was a member from 8 Sigs in Toronto and became the CO of 705 (Hamilton) Communication Squadron on two occasions in the 1960s - 1970s.

If there any anecdotes or memories of Dean, please let Anne Louise know so that they may be shared with the family. Anne Louise Vick is in touch with the family and can be contacted at 519- 928-2663.

### Sergeant Ed Lukosius

Padre Brown conducted a graveside service for Ed on Thursday August 31st at St. John's Lithuanian Cemetery in Mississauga.

Ed died of an incurable cancer which was diagnosed over a year ago. However, he had many close friends from the Regiment who stayed with him until the very end. May he rest in peace.

Ed was a member of 709 (Toronto) Communication Regiment (1978 - 1990s). He was a loyal and dedicated lineman. Linemen are known for their hard work in getting the comms through no matter what the situation and mission.



---

## Events and Notices

### Update on Francesca Colussi

---

After a gruelling 6 week course of daily radiation and chemotherapy at Princess Margaret Hospital in July, Francesca has reported that she enjoyed a much needed month off from treatment to allow her body to recuperate from the very difficult and draining brain surgery and ensuing treatments she had been undergoing since May of this year. In September she had a follow up appointment with the Oncological team and has now begun her yearlong monthly chemotherapy regimen to hopefully continue to shrink what is left of the tumour that unfortunately could not be safely removed during surgery.

Francesca's partner Tamara continues to look for work but is having difficulty in finding something suitable. Any members that may be able to help in this area could reach out directly to Francesca at [colussif@gmail.com](mailto:colussif@gmail.com). To date 3V has raised a fantastic \$3,350.00 towards our goal of \$9,000 to help Francesca offset some of the massive expenditures that are not covered by VAC or her health insurance for her cancer drugs and additional expenses that have come up while Tamara continues to look for employment.

Let's continue to show them both what a military family is all about and donate as much as you can to [Crowdfund](#). We know she truly appreciates our support and financial assistance.

*Courtesy of the Treble Victor Group Newsletter - Dispatches*